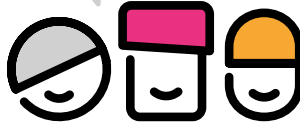


It's OK to ask...



# me + my medicines

This was shared with: ..... on: .....

by: .....

**I would like to help you get the best from your medicines,  
and to achieve that we need to work together.**

**Though I am your ....., you are  
the expert when it comes to things affecting you and your life.**

**Being honest about your understanding and feelings  
towards medicines helps me better appreciate your situation.**

**I will listen to you and respect what you tell me,  
so we can share responsibility.**

**We will share honest and clear advice and support decisions.**

**This will help us to have a more meaningful  
conversation and agree a way forward.**

**If you wish, I can write things down for you.**